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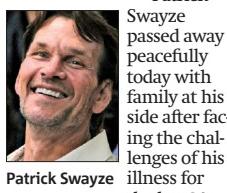
EXCLUSIVE OFFER

see details on
PAGE 4

liz&co.

Patrick Swayze dead at 57

ACTOR Patrick Swayze, the hunky actor who danced his way into viewers' hearts with Dirty Dancing and then broke them with Ghost, died yesterday after a battle with pancreatic cancer. He was 57.



"Patrick Swayze passed away peacefully today with family at his side after facing the challenges of his illness for the last 20 months," said a statement released last night by his publicist, Annett Wolf. No other details were given.

When he first went public with the illness, some reports gave him only weeks to live, but his doctor said his situation was "considerably more optimistic" than that.

"I'd say five years is pretty wishful thinking," Swayze told ABC's Barbara Walters in early 2009. "Two years seems likely if you're going to believe statistics. I want to last until they find a cure, which means I'd better get a fire under it."

A three-time Golden Globe nominee, Swayze was married since 1975 to Lisa Niemi.

THE CANADIAN PRESS

News on the Move

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On the web

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N.Y. Fashion Week

Just peachy

REBECCA MATTEN/THE ASSOCIATED PRESS



A model struts her stuff in a dress from the spring 2010 fashion collection from Donna Karan during fashion week in New York yesterday.

Rights activists want men to send strong anti-violence message

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

to take a lead in opposing violence against women.

"It's not to take the voices away from the women, but to come on and say, 'We're better than this. This is not us,'" said Concilia Muonde, a public education co-ordinator at the Sexual Assault Support Centre of Ottawa.

"That would send a strong message."

Muonde said she would like to see civic leaders like Mayor Larry O'Brien or police Chief Vern White take

up the banner and make violence against women a city-wide issue.

"We want allies. We want men to take some leadership and challenge one another," she said.

According to Crimere-

is one Independent MP and three vacancies.)

NDP Leader Jack Layton signalled his party might prop up the Conservative minority after Human Resources Minister Diane Finley used the post-summer break return of MPs to Ottawa to reveal additional help for laid-off workers.

"The announcement today appears to be a step in the right direction," Layton said in a prepared statement. "Our preference remains fighting for the unemployed rather than fighting for a second election."

The NDP said it would take a close look at Finley's proposed legislation, which would temporarily extend EI payments by an extra five to 20 weeks for laid-off "long-tenure" employees.

If the NDP is willing to support the Conservatives because of improved EI benefits, it should allow the Tories to survive a vote of confidence the Liberals are expected to introduce in the Commons in about two weeks.

TORSTAR NEWS SERVICE

Election fever to break?

NDP may prop up Tories

Prime Minister Stephen Harper's Conservatives set the stage for their first parliamentary survival test Friday, but the threatened political showdown that could lead to an early election appeared to be losing steam.

The pre-election fever in Ottawa eased a notch yesterday when the New Democrats suggested they might be willing to back the government — thus averting a vote of non-confidence in the Commons — because of new help for laid-off workers being proposed by the Conservatives.

Liberal Leader Michael Ignatieff and his party remains committed to voting out Harper and forcing an election at the earliest opportunity.

But the Conservatives, who hold 143 of the Commons' 308 seats, need only one of the other three parties to vote with the government to avoid being toppled in a confidence vote. The Liberals have 77 seats, the NDP, 36, and the Bloc Québécois, 48. (There

ports.com, there have been nine reported sexual assault cases in Ottawa since Aug. 16.

"One is too many," said Muonde.

The SASC-Ottawa is holding its annual Take Back the Night march Sept. 24.

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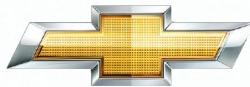
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Local



Police target cycling safety

Police laid 346 cycling safety charges and issued 475 tickets to motorists for running red lights last month as a part of an initiative to increase cycling safety. In addition to enforcement, police handed out hundreds of information pamphlets on cycling safety at Ottawa's higher-risk locations for vehicle-cyclist collisions. Police also handed out 500 bicycle bells to cyclists who did not have bells on their bikes.

METRO OTTAWA



News in brief

ATTEMPTED MURDER A 62-year-old Ottawa man has been charged with attempted murder and aggravated assault after a serious altercation between a man and woman in south Ottawa early Sunday morning.

CRASH A 34-year-old man suffered non-life-threatening head and back injuries after the vehicle he was driving rolled over in front of the prime minister's residence late Sunday night, police said.

METRO OTTAWA

Keeping historical treasures

Fund has helped museums collect pieces of Canadian history

TRACEY TONG

tracey.tong@metronews.ca



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A Victoria Cross medal set, one of Canada's earliest goalie masks and a work by Tom Thomson that almost ended up in the trash are among the treasures owned by The Canadian Museum of Civilization and the Canadian War Museum for all to enjoy.

None of this would have been possible without the Canadian Museum of Civilization Corp.'s National Collection Fund.

"The museum is charged with collecting and preserving objects for future generations," said Mark O'Neill, vice-president of the Canadian Museum of Civilization Corp. and director general of the Canadian War Museum. "The artifacts tell our stories and define our country."

While Canadians do do-

nate artifacts, the museum has missed out on many opportunities to acquire important pieces due to the lack of funds, O'Neill said. These pieces have often fallen into the hands of private collectors.

Four years ago, the fund

was established to acquire historic objects for preservation and public access.

Several treasures displayed at the war museum yesterday — the Lt. Col. Shankland Victoria Cross medal set, Montreal Canadiens Jacques Plante's

pretzel design goalie mask, a watercolour by Tom Thomson, and Shaman Revealed — would not have been purchased without the fund, said O'Neill.

"It's a great Canadian story," he said. "When peo-

ple engage with an artifact, they learn something about who they are."

While the Jacques Plante mask, "tells a very important story about how sports evolved in Canada," O'Neill said, The Foot Path of Peace was thrown out by a dissatisfied Thomson, but later rescued from the garbage, said war museum assistant historian Dr. Amber LloydLangston.

Yesterday's event announced a fundraiser for the National Collection Fund, the fourth annual history costume ball at the war museum on Oct. 28.

Get a taste of Italy at La Vendemmia

TRACEY TONG

tracey.tong@metronews.ca

inviting local gastronomes to try the most authentic Italian cuisine in the city.

GRAPES There may not be a vineyard in sight, but as summer eases into fall, an Italian tradition has returned to Ottawa's little Italy.

A celebration of Italian wine and food, La Vendemmia — which translates to the grape harvest in Italian — kicked off last night, and for the 13th year, dozens of restaurants are

and well.

"It's the time of year in wine country that all the grapes are coming in, and the local Italian community starts to make wine from grapes," said Moher.

Preston Hardware, for example, receives about thousands of crates of grapes to sell to customers, he said.

While a charity grape stomp is one of the more colourful events planned, others include wine tastings.

Huge public support of Army Run

CHARITY More than your average road race, the second annual Army Run demonstrates the close relationship between Canadians and the military, the event's director said.

Originally, the run — going this Sunday — "was created for us to thank Canadians for their support," said run director Chris Horeczy.

"But Canadians decided it was a chance for them to support us. It's really an opportunity to demonstrate the strong relationship between us and all Canadi-

ans."

There's still time to sign up for the run, which is expected to get 10,000 runners and walkers in the half marathon and 5K events, said Horeczy.

The event "exceeded expectations by a landslide" last year, he said. "A first-year run might get 1,000 people," he said. "My running friends said (we) could expect 2,500 because we're the army."

Last year, participants raised \$60,000.

TRACEY TONG/METRO OTTAWA



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The owner of a fishing vessel from Newfoundland that sank on the weekend with the loss of at least one crew member says the tragedy might have been avoided if the federal government had based a helicopter in St. John's. The search and rescue helicopter station for the province is based in Gander, in central Newfoundland. **THE CANADIAN PRESS**

Canada



Clement denies anti-gay claims

Industry Minister Tony Clement, left, denied yesterday he directed his department to give any special scrutiny to gay-themed tourism events, and lashed out angrily at opposition suggestions that homophobia motivated government funding decisions. Clement insisted he did not oust cabinet colleague Diane Ablonczy from the helm of a tourism program after she approved funding for Toronto's gay pride week.

THE CANADIAN PRESS

Death prompts debate

Jean weighs in on usefulness of Canada's role in Afghanistan

The death of another young Canadian soldier has provided the kindling to reignite the debate over the usefulness of Canada's role in Afghanistan — and even Gov. Gen. Michaëlle Jean waded into the issue yesterday.

The death of 21-year-old Pte. Patrick Lormand, Canada's 130th soldier killed in the mission, prompted an impassioned address from the country's top-ranking soldier in Afghanistan.

Brig.-Gen. Jonathan Vance's stern rebuke was aimed directly at a Liberal senator who publicly expressed doubt about the mission's potential.

Senator Colin Kenny, the chair of the Senate Committee on National Security and Defence, compared the effort to the historic mili-

tary quagmire in Vietnam and suggested Canada should scale back its role in the remaining year of its combat mission.

That was met with a harsh response from Vance as he spoke about the passing of Lormand.

"Neither (Lormand) nor his family benefit from uninformed opinions about what his goals were and the tech- Jean niques he used to achieve them," Vance said. Military officials told reporters the statement was directed at Kenny.

Canada's normally apolitical Governor General also waded into the issue.

Departing from the standard statement of condolence for a fallen soldier,

Jean issued an unusually passionate tribute to the Chute-A-Blondeau, Ont., native. She described an emotional trip she took to Kandahar last week, and applauded the good work of Canada's soldiers.

"It broke my heart today to learn of the death," Jean wrote in the statement, which was posted on her website.

"As a tribute to Private Lormand, I would like to reflect on the mission for which he so bravely gave his life, because, not three days ago, I was with our soldiers in Afghanistan to honour the difficult and remarkable job they are doing."

Jean described a visit to a school where, she said,

children expressed gratitude that foreign soldiers would risk their lives to provide security for their country.

"These are the people we never — or rarely — hear from," Jean said.

"They all told me that the actions of our soldiers to insure the security of the area ... (is) helping them to move forward as they face the forces of destruction in their country."

THE CANADIAN PRESS



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Harper to meet with Obama, congressmen

WASHINGTON On the eve of a possible federal election, Prime Minister Stephen Harper will spend an hour this week in the most storied office in the world next to a man who remains wildly popular in Canada — U.S. President Barack Obama.

Harper's visit to Washington will certainly lack the love-in qualities of the president's inaugural trip abroad to Ottawa in February, but sitting down with Obama in the Oval Office for an hour tomorrow is undoubtedly a marquee moment for an embattled leader with yet another election possibly looming.

"It's a hardly a pittance," Paul Frazer, a one-time Canadian diplomat who's now a consultant in Washington, said yesterday.

Frazer disputed any suggestion that Obama was

Talking points

- In Stephen Harper's first White House meeting with Barack Obama, energy, the economy, security and Afghanistan will likely be the top items of discussion.

paying Harper short shrift with the hour-long working visit.

"They talk, they get on the phone with each other — this is 2009, and these are modern men," he said.

As well, Frazer pointed out, Harper knows where much of the real power in Washington resides — in Congress. To that end, the prime minister will trek to Capitol Hill on Thursday to meet with leading congressional Democrats, including Nancy Pelosi and Harry Reid.

THE CANADIAN PRESS

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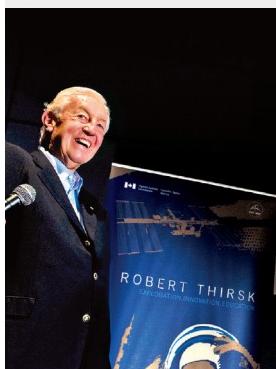
News in brief

OTTAWA Michael Ignatieff is casting himself as an international statesman who would reassert Canada's role on the world stage as a peacekeeper, honest broker and poverty fighter. The Liberal leader contrasted his approach to that of Prime Minister Stephen Harper, whom he excoriated for undermining Canada's international stature.

PONZI One Alberta man has been arrested and another remains at large in an alleged Ponzi scheme that Mounties say raised more than \$100 million from investors worldwide. The RCMP arrested and laid fraud charges against Milowen Allen Brost, 55, on Sunday

THE CANADIAN PRESS

Space chat Beliveau talks to astronaut



Hockey great Jean Beliveau smiles while in conversation with Canadian astronaut Robert Thirsk during a live link-up to the International Space Station, at the Canadian Space Agency in Quebec.

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Flu striking at polls worries NDP

Flu Outbreak

ELECTION The New Democrats have asked Canada's top election official if the country is prepared to go to the polls during a swine flu outbreak.

Judy Wasylycia-Leis, the NDP's health critic, has written to Chief Electoral Officer Marc Mayrand asking how ready Elections Canada is for a possible resurgence of the influenza A (H1N1) virus, also known

as swine flu, this fall.

"As you are no doubt aware, experts expect a strong resurgence in H1N1 infections in the coming months," Wasylycia-Leis wrote.

An election poses significant potential public health risks. Large public events, canvassing and other typical campaign activities, not to mention polling booths and long lineups to vote on election day, all result in a great deal of contact between members of the public."

THE CANADIAN PRESS

Edmonton's lone elephant must stay put: Vet

Edmonton's Valley Zoo says an independent veterinarian has ruled that moving the city's only elephant, Lucy, who is having breathing problems, could threaten the animal's life. **THE CANADIAN PRESS**

Atlantic Canada Good health

Nova Scotia Premier Darrell Dexter, left, along with Prince Edward Island Premier Robert Ghiz and New Brunswick Premier Shawn Graham, right, meet in Saint John, N.B. yesterday. The premiers announced a new TV and internet campaign aimed at encouraging active and healthy lifestyles for youth.

Liberals rebranding the harmonized sales tax

POLITICS The Liberals are rebranding the controversial harmonized sales tax as merely one part of a sweeping reform that will return \$15 billion in tax cuts and rebates to Ontarians over the next three years.

"Over the next three years there will be over \$15 billion worth of tax relief at the same time as we're introducing the harmonized sales tax."

John Wilkinson, revenue minister

The most important thing to remember is that the HST is just part of our tax reform package," the minister told reporters. "Over the next three years there will be over \$15 billion worth of tax relief at the same time as we're introducing the harmonized sales tax."

That's because there will be \$10.6 billion in tax breaks for individual Ontarians over the next three

years — including \$4 billion in rebate cheques of up to \$1,000 for most families, a new \$260 refundable sales tax credit for lower-income people, and \$1.1 billion in income tax cuts by reducing the lowest tax bracket rate from 6.05 per cent to 5.05 per cent.

TORSTAR NEWS SERVICE

As MPPs returned to Queen's Park yesterday following a summer in their ridings hearing constituents' concerns about the business-friendly 13 per cent HST, which takes effect July 1, Wilkinson said it's time to tell "the whole story."

TORSTAR NEWS SERVICE

News in brief

PROBE Transport Minister John Baird has ordered an internal probe after reports that Transport Canada employees were charging expenses to a project that doesn't exist. The move follows the revelation yesterday that department staff have been charging millions of dollars in expenses to accounts associated with the Mackenzie Valley pipeline, a mega-project that has yet to be formally approved.

TORSTAR NEWS SERVICE

KIDS The practice of routinely prescribing antibiotics to kids suffering from an ear infection is coming to a formal end. The Canadian Paediatric Society issued new recommendations today instructing doctors to watch and wait before treating most ear infections with antibiotics in healthy children over six months of age. The society's statement is published this week in *Paediatrics & Child Health*.

THE CANADIAN PRESS

Canada opening doors to Afghans who aided troops

They are privy to some of military's sensitive strategies in Afghanistan, faced death alongside Canadian troops and now will be offered safe haven in Canada.

The federal government is prepared to open its doors to hundreds of Afghan citizens who have worked alongside Canadian soldiers and diplomats in Afghanistan.

The initiative is a recognition that the Afghans often face risks and reprisals

Refugee benefits

- If moved to Canada, Afghans will be given many of the same benefits as refugees — income support, health care — and be put on the path to obtaining Canadian citizenship.

from insurgents as a result of the assistance they give to Canadians in the war-torn country.

Immigration Minister Ja-

son Kenney will announce the program today as the federal government releases a report card on its military and development efforts in Afghanistan.

The first choice has been to resettle Afghans and their immediate families in other parts of Afghanistan.

But when that's not possible, the federal government will move them to Canada.

In Afghanistan, Canadians rely heavily on local

workers, who provide some services in the camps or who serve as interpreters during military patrols.

The interpreters not only translate, but often serve as informal advisers on Afghan culture and help soldiers avoid committing social faux-pas that would offend. But the interpreters can also find themselves in the crosshairs of local insurgents.

TORSTAR NEWS SERVICE

ADVERTISING FEATURE

eBay Sellers are Making \$5,000-10,000+ a Month

By James Ryder

Why settle for mediocre pay and long hours when it is possible to make over \$100,000 a year from the comfort of your home?

Over 170 million people are registered eBay users and 1.3 million are making a full-time living through online auctioning, leaving their everyday jobs.

Dan Lok, online auction and internet expert, is one of many people who have left the mundane aspect of a 9-to-5 desk job and begun to make his own income at home. Now Lok is making around \$10,000 a month.

"People shouldn't wait until they find themselves out of a job before they find out they are not financially secure," Lok said. "They should start ensuring their own and their family's financial future immediately."

Not only does eBay allow people to make money and get rid of some things that may no longer be of use, there are more benefits than cash. If a seller can

make \$1,000 a month or more, they can qualify for most of the same benefits that are available in a regular 9-to-5 job, such as health, vision and dental. Over 200,000 members of eBay qualify for these benefits and more.

Not only does using eBay at home cut back on paying for gas and having to deal with the hassle of rush hour traffic, but also consumer demands through the Internet are continually growing, allowing for a higher income rate per seller.

One source says on average one car is sold every two minutes, a car part or accessory sold every three seconds, diamond jewelry every eighty-three

seconds, and a pair of Timberland shoes every ten minutes. These items and more, from concert tickets to stamps and coins, are sold daily by average people looking to gain an income or better their current cash flow.

"Anybody can do it if they know the right technique," Lok said. "With the right techniques it's easy to make extra income."

It is rather easy to get started in the process and become acquainted with the techniques.

With a little homework, access to an Internet-ready computer, and some basic computer knowledge, anyone can be on their way to becoming a member of the fastest growing community in the Canada and the U.S.

"Why wait to win the lottery," Lok said, "when selling on eBay is like winning the lottery every day."



Paolo M. supplements her income with eBay and the Internet

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These people, just like you, are using eBay and the Internet to generate huge profits!



"I have recently sold a few items on eBay... Before listing fees and shipping cost, I have made \$7,202.50... I would consider this to be a good profit."



"Just wanted to let you know, I just officially doubled my income with my website... I did everything [he] told me and it has doubled my sales in two weeks. Knowledge is power, thanks again for your continued support."

— Weston T.



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More bad news for journalists: The percentage of people who believe their work is inaccurate and biased continues to grow. Nearly two-thirds of Americans surveyed by the Pew Research Center for the People & the Press believe that news stories are often inaccurate. **THE ASSOCIATED PRESS**

World



Speaking up for Tanzania's albinos

A Canadian rights group says it will not rest until there is an end to the murder of albinos in Tanzania — a minority often hunted down for their body parts to be used in witchcraft. Since 2007 at least 53 albinos have been killed in various parts of the east African nation, with most incidents occurring in the remote northwest regions of Shinyanga and Mwanza, where superstition is deep-seated.

REUTERS

Obama warns Wall Street

President Barack Obama sternly warned Wall Street yesterday against returning to the sort of reckless and unchecked behaviour that threatened America with a second Great Depression.

Even as he noted the U.S. economy and financial system were pulling out of a downward spiral, Obama warned financial titans on the first anniversary of the Lehman Brothers collapse that they could not count on any more bailouts.

He credited his administration and the \$787-billion stimulus package rammed through Congress in the first days of his taking office for pulling the country back from the brink.

"We can be confident

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that the storms of the past two years are beginning to break," he said.

And even as the economy begins a "return to normalcy," he said, "normalcy cannot lead to complacency."

Nevertheless, Obama said, "Instead of learning the lessons of Lehman and the crisis from which we are still recovering, they are choosing to ignore them."

THE ASSOCIATED PRESS

Philippines Demand for troops to leave



Protesters shout slogans during a rally outside the U.S. Embassy in Manila yesterday to protest the continued presence of U.S. troops in the Philippines through the Visiting Forces Agreement, or VFA. The U.S. troops are currently stationed in southern Philippines to help the Philippine military in its fight against terrorism in the wake of terrorist attacks on U.S. soil in Sept. 11, 2001.

News in brief

U.K. In a case that altered airport security worldwide, three British Muslims were imprisoned yesterday for at least 30 years each for a plot to kill thousands by blowing up transatlantic airliners with liquid explosives hidden in soda bottles.

PAKISTAN A missile fired from a suspected unmanned U.S. drone slammed into a car in a Pakistani tribal region close to the Afghan border yesterday, killing four people, intelligence officials and residents said. The apparent American missile strike was the latest of more than 50 in the northwest region since last year.

MURDER Clues increasingly pointed to an inside job yesterday in the slaying of a Yale graduate student whose body was found stuffed inside a wall five days after she vanished from a heavily secured lab building accessible only to university employees.

THE ASSOCIATED PRESS

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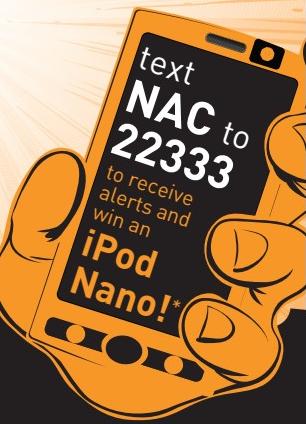
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Comment

Attacks on the horizon

Get ready for down-and-dirty politics if election called

National Report



metronews.ca/nationalreport

The debate on health care in the United States, hijacked by lame-brained, right-wing radio talk jocks, is comparable to the debate on coalition government here. Level of intelligence? Subterranean.

In the U.S., Barack Obama's enlightened effort to bring health care to 45 million Americans without it is being distorted into a socialist takeover of Washington.

But perhaps we shouldn't chide them too much. Up here, we're running the risk

in the coming election, should we listen to the Conservatives, of socialist and separatist hordes taking over Ottawa.

Yep. It's that bad. In every election campaign, it should be said, the bullshyne metre rises. But in the coming one, look out. It threatens to go off the charts. The prime minister alleged the coalition takeover plot in a closed-door speech. His Conservatives, experts at dirtball, have dredged up an out-of-date quote from Michael Ignatieff saying he supports a coalition and are using it in an attack ad.

With their myriad distortions the Conservatives have turned the idea of a coalition into something worse than swine flu. Coalition governments have been common in Europe.

Canada had its own coalition government in the First World War and the country didn't fall apart.

We need to bear in mind also that since minority governments are frequent due to our multi-party makeup, coalitions may well be the way of the future in this country. The problem for the Conservatives — and the reason they detest coalitions — is because they have no natural partners to link up with.

No one should wish the Bloc Québécois to be a formal part of any coalition. But the reality is that minority governments will often be reliant on their support for survival.

As was revealed in a letter to the Governor General released by the Bloc last year, Stephen Harper, as opposition leader, was prepared to

co-operate with the Bloc and the NDP to create an alternative to Paul Martin's Liberal minority if the opportunity presented itself.

Last year, an agreement was reached wherein the Bloc agreed not to bring down a Liberal/NDP coalition for 18 months. Despite his letter to the Governor General, the PM, in high dudgeon, portrayed the arm's-length arrangement as some sort of Armageddon. He scored so high in the court of public opinion with the gambit that no one dares use the c-word again.

It's wild. It's like the demonization of national health care in the U.S. It's Rush Limbaugh come north.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

THE LIBERALS
ARE FORMING A
COALITION.

HAVE THEY
NO SHAME?



Michael de Adder

Worth mentioning

Elections Canada preps for possible vote, flu outbreak

Canada's election agency is stockpiling hand sanitizer as it prepares for a possible election and a potential swine flu outbreak.

A spokeswoman for

Elections Canada said yesterday each polling station will have two bottles of hand sanitizer along with posters urging flu-stricken voters to cough into their sleeves and wash their hands.

"The health

and safety of

Canadian

voters during

a general

election is a

priority for

Elections

Canada," Diane Benson said.

"The health

and safety of

Canadian

voters during

a general

election is a

priority for

Elections

Canada is tak-

ing appropriate steps in line with government of Canada guidelines to provide Canadians with a safe and healthy voting environment."

Benson wasn't immediately able to say how much it will cost to stock each voting station with bottles of hand sanitizer.

The agency detailed its plans after the New Democrats asked Canada's top election official if the country is prepared to go to the polls in the event of a swine flu outbreak.

THE
CANADIAN
PRESS



We Know What You're Thinking

33%

The number of Canadians who say either they or someone close to them have/has been a victim of identity theft.



IPSO REID

Views

Dreaming of a date with George Clooney

Modern Life



metronews.ca/modernlife

Every year on a sunny September day, I doll myself up, in an understated way, head down to Yorkville and accidentally bump into George Clooney at the Second Cup.

Overwhelmed by my wit, depth and unusual looks (so different from the women he dates) George immediately falls for me. We play hide-and-seek in Kensington Market, laugh as we eat butter chicken at my favourite Indian restaurant and, well, the rest is history — or rather fantasy. As the Toronto International Film Festival hits town every year I enjoy my "George" fantasy. (He loves that we

share the same name.) It's my secret life with George (what a great movie title!), which I've always thought was mine alone until I headed downtown last week and discovered the entire female population of Toronto (and likely the world) harbours the same fantasy and lurks everywhere trying to fulfil it. For instance, when I walked into my optometrist's office, the receptionist inquired, "Have you seen George Clooney?" My head whipped around. "Why is he out there?" "No, but I hear he got

mobbed eating sushi last night."

Another patient arrived at the desk. "Oh, you mean George?" As if she was on a first-name basis with him. No sooner than do I feel like my dirty little secret is everyone else's, too, when a sales clerk informs me a busload of women has swarmed through her store and onto the streets looking for a man with a bandaged hand, which Clooney is apparently sporting.

Women tell me they love everything about him, from his puppy dog eyes to the fact he doesn't take himself too seriously. I think there's also that feeling that nabbing George, the

über single man, would be an achievement far surpassing being prime minister, winning the lottery or, for me, finding a product that would give my hair volume.

One woman tells me, "I love George because he dates everyone — it doesn't matter what age."

"He's dating women our age now!"

"No — but every other age."

Which brings me back to reality — that with the passage of time my daughter, 22, is now old enough or young enough to date George. This unfortunate (for me) scenario now has me as George's mother-in-law and serving him mashed potatoes.

Wait. My new fantasy is George reads this with his morning coffee and picks up the phone ...

Georgie Binks is a Toronto freelance writer who writes about gender and relationships; georgiebinks@rogers.com

Tell us your views by email to ottawaletters@metronews.ca or comment on metronews.ca or on Twitter @metrotoronto

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

Woman whose union battle inspired film dead at 68

The woman who inspired a fight to unionize a Southern textile plant and was later depicted in the 1979 film Norma Rae has died at age 68. The film recounted Crystal Lee Sutton's battle against low pay and poor conditions at J.P. Stevens in northeast North Carolina. **THE ASSOCIATED PRESS**

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Net worth up in Q2: StatsCan

Statistics Canada says Canadians grew wealthier in the second quarter, mostly because their stock market investments began recovering from the deep sell-off during the recession.

The agency says household net worth grew by \$141 billion to \$5.6 trillion for the third consecutive quarter during the April-June months, a time when

\$5.6T Canadian households' net worth grew \$141 billion to \$5.6 trillion during the second quarter, a Statistics Canada report says.

the Toronto Stock Exchange index advanced by 20 per cent.

But the agency notes that Canadians also started taking on more debt during

the period. Still, the rise in wealth more than made up for new loans as the ratio of debt to worth edged down to 24.8 cents per dollar of worth from 24.9 cents in the first quarter.

The agency says the net worth of corporations fell by \$208 billion in the second quarter. Government levels of debt rose in the second quarter to 39.8 per cent of the economy from

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Learn how to scan the barcode with the instructions on the top of page 3

38.3 per cent in the previous three months and from 36 per cent last year.

THE CANADIAN PRESS

Business in brief

WIRELESS Nortel Networks announced yesterday that American rival Avaya Inc. was the successful bidder for its Enterprise Solutions division in a sale that's expected to close in December. Avaya has agreed to pay more than \$900 million US, nearly twice its initial bid.

THE ASSOCIATED PRESS

BoC's inflation fixation a risk to economy: Analysts

REPORT The Bank of Canada is coming under criticism for having too narrow a view of the economy.

In a new paper, economists Arthur Donner and Doug Peters say the central bank's adherence to fighting inflation at the exclusion of other aspects of the

economy poses a risk to the recovery.

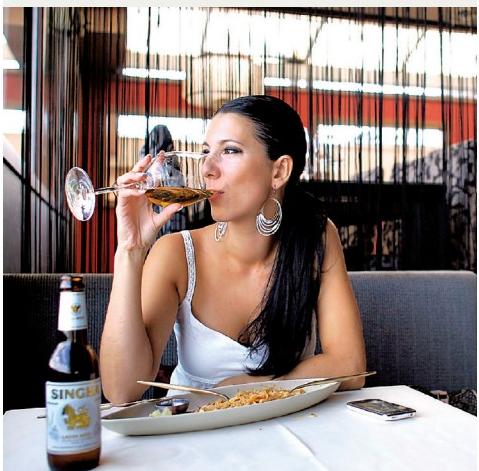
"In our view, the Bank of Canada needs to broaden its formal economic policy objectives," they write in a paper for the Canadian Centre for Policy Alternatives. "The central bank must have a broader view

of the economy and include employment and economic growth along with inflation as near-term objectives."

Bank of Canada governor Mark Carney has mused recently that the bank's mandate may need to be broadened to avert future crises.

THE CANADIAN PRESS

Spain Fight swine flu in style



VICTOR R. CAVANAGH / THE ASSOCIATED PRESS

A woman dines at the Silk&Soya restaurant near Madrid, Spain. The eatery claims to be the world's first restaurant with a specific plan to protect against the influenza A (H1N1) virus, also known as swine flu. Menus are washed daily, cooks wear surgical masks and tables are set farther apart.

Exploring your post-secondary options?

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AU student Magdalena in Burlington, Ontario, Canada

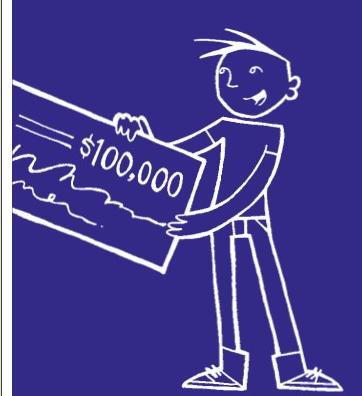
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Your Money

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Claim renovation tax credit on 2009 filing

Q I would like to get some renovations done on my home: Re-shingling roof, new flooring, washer and dryer, new fence, snow re-

moval, pool maintenance, window coverings, and painting. I don't want to spend several thousand dollars and discover it does not qualify for the tax credit. Please comment.

— Eddie

Investing

Allan Small

Allan Small discusses why it's good to look at the infrastructure sector now. Visit metronews.ca/investing.

A Homeowners must see if the job qualifies for the Home Renovation Tax Credit.

What: A home used as a principal residence would be eligible for the HRTC.

When: Expenditures incurred between January 29, 2009 and Feb 1, 2010

How much: Expendi-

tures must be between \$1,000 and \$10,000 for a maximum tax credit of \$1,350. The credit reduces tax payable and will not result in a tax refund. Claim on 2009 tax filing.

Which: Expenses incurred qualify, provided the job is of an enduring nature that becomes a permanent part of the home.

Eligible expenses: Re-shingling, flooring, fence, window covering and painting.

Not eligible: Washer and dryer, snow removal and pool maintenance.

Henry Choo Chong, CGA, can be reached at choochonghga@yahoo.ca.

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hand on their shoulders.

Financial independence developed now will pay off with a better ability to handle the inevitable education debt upon graduation.

As many as 70 per cent of students starting first year in 2009 will have student loan debt upon graduation and those pursuing four year programs will average \$25,000 or more — and that doesn't include student lines of credit or money borrowed by parents. So it only makes sense to start students off with some financial dollars and sense.

If you haven't done so already, make sure there are two bank accounts in place with lump sums being deposited in the savings account and an automatic twice



monthly transfer into the chequing for living expenses.

I recommend the accounts be joint with a parent with both having online access. Aside from just keeping an eye on things for the first year, a joint account makes deposits and transfers much easier.

Students should pay their own cellphone bills, even if the money is coming from mom and dad. There's nothing like seeing and paying for the cost of going over minutes to rein in the chat.

There will be calls for financial help and a bailout now and then is okay. Just be prepared to draw the line if the outstretched hand becomes a permanent fixture.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

Alison's
Money
Rule:

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Money-saving tip

Need to buy a gift for someone? Homemade gifts like scrapbooks, baked goods or picture frames save money and add a personal touch money can't buy. **NEWS CANADA**

Student Cents

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

**Be frugal**

Select small splurges. Instead of buying the latest designer handbag, consider a purse-shaped Post-it note dispenser for under \$15. **NEWS CANADA**

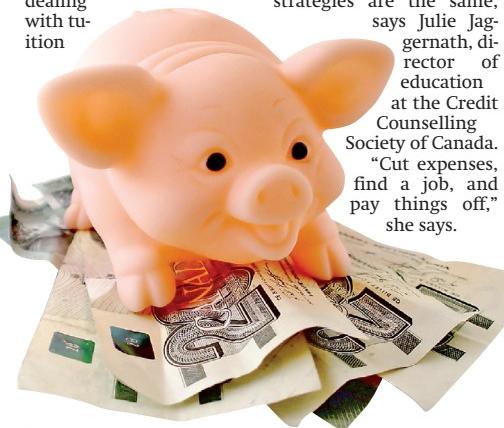
Avoid the debt trap

ERIC EMIN WOOD
for Metro Canada**Postsecondary education is hard enough without creditors getting involved.**

So how can students — who in many cases are dealing with tuition fees, government loans, living expenses and one or more part-time jobs, in addition to classes — avoid the debt trap that has snared so many of their peers?

Whether avoiding debt or climbing out of it, the strategies are the same, says Julie Jaggernath, director of education at the Credit Counselling Society of Canada.

"Cut expenses, find a job, and pay things off," she says.



"Sometimes it's better to pay to get out of a contract, because at the end of the day, it's going to cost you more if you carry it for the next two or three years."

Elena Jara, of Credit Canada

Many students spend their money on small "discretionary expenses" such as food, she says, not realizing how it adds up.

Jaggernath advises making a budget. "Lay out your financial plan just as you would your schedule," she says. "How much money do you have until the end of the term? Divide that by month, divide that by week, then keep it in a holding account and pay yourself like a business."

Elena Jara, credit education co-ordinator with Credit Canada, advises students to avoid long-term

contracts, including cellphone plans and car leases, because they never know where they'll be in a year.

"Before you sign any contract, read it, and if you don't understand it, do not sign," she says.

If you are roped in, she says, "sometimes it's better to pay to get out of a contract, because at the end of the day, it's going to cost you more if you carry it for the next two or three years."

Not surprisingly, Jaggernath and Jara both recommend credit counselling to those already in debt — though most schools have



You should set aside some money for fun, such as going out for a coffee with friends once a week, credit experts advise.

academic advisers and a financial aid department, Jaggernath says, and she encourages students to "use and abuse" them.

"Those folks on campus are an amazing resource," she says, "and they would rather help ahead of time than have to find a crisis loan at the last minute."

Jaggernath admits that some money should be set aside for fun. "A coffee a

week had better not kill you," she says.

That said, students "need to take a look at their lifestyle and say, 'You know what? I'm working for my long-term good, not my immediate gratification.'"

Visit creditcounselling-canada.ca/member_agencies to find a non-profit credit counselling agency near you.

Knowing your credit history key when applying for financing

There are a number of steps involved in acquiring financing. As a routine part of the application process, the lender will order a copy of your credit score.

Your personal credit score is compiled by credit bureaus who collect information from various sources, including banks, retailers and other public records, creating a credit report. Information such

as: What credit and debit cards you have, the types of accounts you have at various financial institutions, information about personal loans (such as student loans), are all part of the report.

Generally, credit reports show information going back six to seven years.

The credit bureau does not rate you — it merely provides information on

How to improve your score

Here are a few tips to improve your credit score:

- Apply and open new credit accounts only as necessary.
- Pay off debt rather than moving it around.
- Get copies of your credit report and review to make sure they are accurate.
- Understand how your credit score is determined.

NEWS CANADA

your credit history. The lender will examine the credit report to aid in determining whether to

lend you money. If the lender has any concerns about something on the report, the lender may

ask you for an explanation of the report.

The lender will also use the report to verify other information on your financing application, for example, information about your employment status, your address (including the name of your landlord and perhaps rental payment history), and so on. The credit report will also indicate inquiries made by other

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Three active NFL players are joining former players in agreeing to donate their brains after death to a Boston University medical school program that studies sports brain injuries. Researchers will study the players' brains and spinal cord tissue to better understand the effects of concussions. **THE ASSOCIATED PRESS**

Players agree to donate brains

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA



Urlacher out for season

Chicago Bears linebacker Brian Urlacher, left, will miss the rest of the season after undergoing surgery to repair his dislocated right wrist — a major blow for a team with high expectations. The 10-year veteran apparently was injured in the first quarter of Sunday's 21-15 loss at Green Bay making a tackle on Packers running back Ryan Grant.

THE ASSOCIATED PRESS

Del Potro claims U.S. Open

No. 6 seed shocks Federer in major final

Normally so cool, so consistent, so in control of his emotions and his matches, Roger Federer let the U.S. Open championship slip from his grasp.

Two points from victory against inexperienced, unheralded Juan Martin del Potro of Argentina, two points from a sixth consecutive title at Flushing Meadows and a record-extending 16th Grand Slam overall, Federer, quite simply, fell apart yesterday.

He railed at the chair umpire. His legs grew weary. His double-faults mounted. He could not figure out a way to stop the six-foot-six del Potro from pounding forehand after forehand past him. In a result as surprising for who lost as how it happened, the sixth-seeded del Potro came back to win his first Grand Slam ti-

Clijsters moves into top 20

• Kim Clijsters moved into the top 20 in the women's rankings yesterday, one day after winning the U.S. Open in her comeback.

tle by upsetting the No. 1-seeded Federer 3-6, 7-6 (5), 4-6, 7-6 (4), 6-2.

"Can't have them all," Federer said.

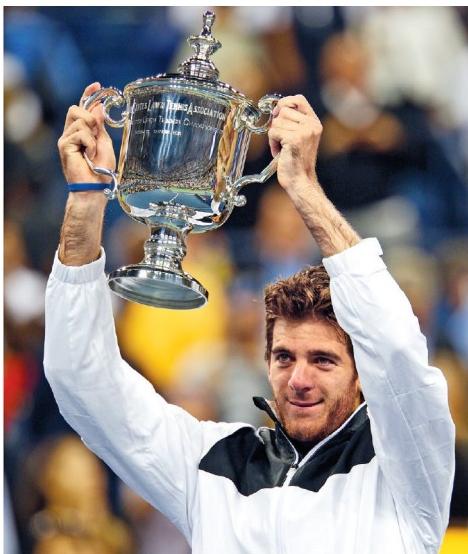
He had won 40 consecutive matches at Flushing Meadows. He had won 33 of his previous 34 Grand Slam matches. And he has made the final at 17 of the past 18 Grand Slam tournaments, 21 overall.

Del Potro? This was the 20-year-old's first Grand Slam final, and he was 0-6 against Federer until now. But after handing Rafael Nadal the most lopsided

The 26-year-old moved into 19th in the WTA rankings. She had been unranked following her 2½-year retirement.

loss of his Grand Slam career in the semifinals Sunday, del Potro came back the next day and rattled Federer. Del Potro never seemed intimidated by the setting or the man many consider the greatest tennis player in history.

The four-hour, six-minute match was the first U.S. Open final to go five sets since 1999, and there were no early signs to indicate it would be this competitive — much less end with del Potro on his back, a Grand Slam trophy soon to be in his arms. **THE ASSOCIATED PRESS**



Juan Martin del Potro holds up the championship trophy after defeating Roger Federer to win the U.S. Open yesterday. Del Potro defeated Federer 3-6, 7-6 (7), 4-6, 7-6 (7), 6-2.

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Sports in brief

CANADIAN GP The stage is set for Formula One's return to Montreal next year. Grand Prix F1 du Canada Inc., and F1's governing body yesterday reached a settlement in their financial dispute. In a release, local promoter Normand Legault says an announcement that Montreal is back on the F1 schedule is "forthcoming."

CHARGED Famed amputee runner Oscar Pistorius has been charged with assaulting a 19-year-old woman at a party he hosted. Pistorius was reportedly arrested Saturday after he tried to intervene in a lover's tiff. The woman had been fighting with her boyfriend outside the house. The South African Press Association reports she later began kicking Pistorius's front door. Pistorius reportedly opened the door to tell her to stop and when he closed it, the woman was hit on the leg.

BLUE JAYS Marco Scutaro's second error of the game allowed Brandon Inge to score from second base in the bottom of the 10th inning, and the Detroit Tigers rallied to beat the Toronto Blue Jays 6-5 last night. Pinch-hitter Aubrey Huff belted a tying three-run homer in the ninth and Ryan Raburn also went deep for the American League Central-leading Tigers. Adam Lind and Edwin Encarnacion homered for Toronto.

APOLOGY Serena Williams apologized yesterday for what she called her "inappropriate outburst" during her semifinal loss to Kim Clijsters at the U.S. Open. Williams was short on contrition in the post-match news conference after her profanity-laced, finger-pointing tirade at a lineswoman Saturday night.

METRO NEWS SERVICES

Bills blow lead late as Pats win

NFL RESULTS

Buffalo 24 New England 25

FOOTBALL Tom Brady threw two touchdown passes in a 1:16 span late in the fourth quarter, rallying the New England Patriots past the Buffalo Bills 25-24 in the quarterback's return.

Brady hit Benjamin Watson for an 18-yard touchdown to make it 24-19. Then, after a Buffalo fumble, Brady, who missed all but the first quarter of last year's opener with a knee injury, found Watson for 16 yards to win it.

THE ASSOCIATED PRESS

Ovechkin works to help kids live their dreams

RAF BRUSILOW for Metro Vancouver

HOCKEY Scoring impressive goals may be his day job, but helping kids achieve their hockey dreams is just as important for Alexander Ovechkin.

The big-hearted star of the Washington Capitals is not afraid to put his money — and his time — where his mouth is when it comes to giving kids a hockey boost.

Ovechkin was at the Hockey Hall of Fame in Toronto recently to promote a contest that will see him travel to a winning Canadian hockey town to run a practice session for a local kids' hockey team and present a donation of

Alex Ovechkin

\$8,000 from Energizer to pay for the team's expenses like equipment, ice time and jerseys.

Ovechkin also runs his own charity called Alex Ovechkin's Crazy 8s which buys tickets to every Capitals home game for deserving kids and also invests his time regularly to run skills clinics for budding hockey players.

For Ovechkin it's all about putting kids on the ice regardless of their circumstances and he says anything he can do right now is just the tip of the iceberg.

"I just want to help kids to live their dream — this is just the beginning of my charity work," Ovechkin said.

His parents supported his love of athletics when he was young, taking him to soccer fields, basketball courts and eventually to hockey rinks. He says the best part of his success now is seeing his parents enjoy it.

"My family (motivated me). My parents gave me everything. I see how happy they are for me and it feels great," Ovechkin said.

On the flip side,

Ovechkin suggests kids themselves should be the ultimate arbiter of just how much hockey becomes a part of their young lives. The last thing he wants to see is overbearing parents pushing their youngsters through the sport to fulfill their own long-lost hockey aspirations.

"The most important thing for kids and hockey is that it's all about them ... kids have to want it," he said.

Ovechkin feels compelled to use his good fortune to make a difference in other people's lives.

"I just like to help people. I think I'm a lucky guy and that way I feel have to help people. If you have a chance to do something, you have to," he said.

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Mirror, Mirror on the wall

Who spends more time looking at themselves: Canadian or American women? It looks like our neighbours log more mirror time each day, according to statistics from global market researcher Synovate. **BEST HEALTH MAGAZINE**

Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

We all need more hugs

The J Spot

Josey Vogels

metronews.ca/thejspot

There is a frightening trend spreading amongst today's teenagers. No, I'm not talking about texting each other naked pictures, surfing porn online or even having sex before they learn to drive.

The alarming teenage behaviour that has caused such concern in some U.S. schools that it has been banned is — wait for it — rampant hugging.

Yes, you read that correctly.

Seems hugging is all the rage among teenagers these days. According to a recent Toronto Star article on the "phenomenon," they hug each other to express everything from "hello," "good-bye," or even "hey, it's recess!"

Girls hug each other sideways, putting their arms around each other shoulder's and press themselves cheek-to-cheek in utter glee. The surprise hug comes from behind and usually is followed by squeals of laughter and joy. Guys even hug their guy friends, a behaviour that, in my day, would have resulted in ridicule at best and, at worst, something I can't repeat in a family paper.

While no Canadian schools have yet gone so far as to ban hugging, the article quotes Kate Dickson, an English teacher at the Toronto School of Liberal Arts who says she requests at least "a ribbon of daylight" between hugging students.

Another school in Edmonton is discouraging its students from hugging, supposedly to stop the spread of H1N1 flu. Right.

Am I the only one who thinks this is absurd? Not only are hugs awesome, they are actually good for you.

Hugging is powerful. Hugging releases oxytocin, the brain's bonding chemi-

Visit Josey's Sexcetera blog at metro news.ca/blog

cal. Studies going back as far as the 1930s have shown that people who did not receive adequate cuddling and touch as newborns later suffered both mentally and physically, even if all other basic needs were met. Others have shown that old folks who don't get hugs may become senile faster and die sooner.

Maybe instead of banning hugging among teens, we should encourage it more among adults. Hugging your partner several times a day would help keep you connected and your relationship stronger, especially when life gets in the way and we literally and figuratively lose touch with each other.

And just imagine at work if every time you did a really great job or when something didn't go well, someone in the office walked up to you and gave you a great big hug?

Sadly, our fears about inappropriate touching and teens getting too physical too soon have overshadowed an appreciation of one of the simplest, most healing human gestures.

I say do yourself a favour and hug someone today, will ya?

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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CELIA MILNE
For Metro Canada

Caution on ADHD drugs

New concerns are emerging that drugs for kids with Attention Deficit Hyperactivity Disorder (ADHD) can be overused and abused.

ADHD drugs such as Ritalin are in wide circulation. It's estimated that between five per cent and 10 per cent of children in Canada have the disorder, which means they have trouble focusing and are often hyperactive or impulsive.

Dr. Edmund Higgins, a psychiatrist at the Medical University of South Carolina in Charleston, is concerned that parents and teachers have a lower tolerance these days for mild behavioural problems, and that these drugs may be used too liberally. He wrote about this in the July 2009 issue of Scientific American.

In the U.S., prescribing of methylphenidate (brand names Ritalin or Concerta) and the amphetamine Adderall rose 12 per cent between 2000 and 2005. "Over the past 15 years," writes Higgins, "doctors have been pinning the ADHD label on — and prescribing stimulants for — a rapidly rising number of patients, including those with moderate to mild inatten-

tion, some of whom ... have a normal ability to focus."

He writes about a child in Grade 6 whose mother came to him asking for Ritalin. But when he tested the child, he found an almost-normal ability to focus.

Like any medication, the risks are not zero. Higgins points to a smattering of recent studies — mostly in animals — that show these drugs could have negative effects on the brain when kids become adults. These stimulants have a way of acting that is similar to cocaine. And, like cocaine, possible effects over the long term could be depressed mood, increased

anxiety and cognitive deficits.

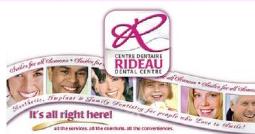
There is also some evi-

dence that these medications can stunt growth in children.

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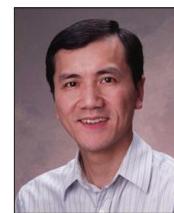
Now that kids have been back to school for a couple of weeks, it is hard to deny that summer has come to an end. The calendar may indicate there are still a few days of summer left. However, most of us are now out of our summer routines and fully into autumn mode.

As we all know, the cooler weather brings with it another cold and flu season. And given the media coverage, we are all aware that the big story for this flu season is the spread of H1N1.

One thing all of our patients should feel confident in is that we are working with other members of the dental profession, various dental supply companies and others to ensure that, as a profession, we are doing everything we can to help protect you in the dental office.

Even better news is the fact that the measures we take in the face of this pandemic are the same measures dentists employ at all times. That is because as health care professionals, we consider your overall health to be our number 1 priority whether we are facing a global pandemic or not.

Rest assured that the dental profession uses the most modern sterilization techniques available for all of our equipment. We also comply



Dr. David Lui
Dental Surgeon

with all regulations governing the requirements to ensure that all equipment is tested regularly. This ensures everything is functioning properly and that we minimize the risk of exposure while you are in your dentist's office.

We also ensure that our operatories are properly cleaned with wipes and other cleaners that are guaranteed to kill as many germs and bacteria as possible. In fact, we consider it vital that chairs and countertops be cleaned regularly.

Most importantly, the members of your dental team staff clean their hands after treating each and every patient. If you have been reading about H1N1, you know that regular hand-washing is one of the most

effective measures to reduce its spread. When that is combined with the use of clean, non-latex gloves, changed with each patient, your risk of exposure is minimized.

So do not let your concerns about H1N1 result in your neglecting your oral health during the upcoming flu season. Rest assured that dental offices are doing their best to protect your health and to prevent the spread of H1N1.

All that we ask is that you help us protect our staff, patients and the public at large by not visiting our office if you are feeling ill. Also, you might find that many offices have removed magazines and reading material from their offices as per recommendations from public health authorities. We suggest you bring your own reading material with you while you wait.

If we follow some of these simple steps, we can all work together to minimize the spread of H1N1 AND continue to look after your oral health simultaneously...because curbing the spread of H1N1 is a healthy habit...and healthier habits lead to healthier lives.

Dr. David Lui - Dental Surgeon

One of the "seven species" of foods native to biblical Israel, the pomegranate was a key element of Rosh Hashanah — the Jewish new year, starting Friday this year — centuries before promotion of suspected health benefits splashed the juice into all manner of smoothies, cocktails and other drinks. THE ASSOCIATED PRESS

Rosh Hashanah

Food

As of June, there were more than 1,800 food and drink products that contained pomegranate seeds or juice, says Tom Vierhile a director at market research firm DataMonitor.

THE ASSOCIATED PRESS



Compare

Now look at that number in contrast to four years ago: In 2005, there were just 258 products that contained the fruit's seeds or juice.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Mediterranean morsels

Greek Pasta Bake

SERVES 4

INGREDIENTS:

- 1/2 lb (250 g) ground beef
- 1/2 lb (250 g) ground lamb
- 1 large onion, chopped
- 4 garlic cloves, minced
- 3 tsp (15 ml) dried oregano
- 1 tsp (5 ml) dried basil
- 1/2 tsp (2 ml) salt
- 1/4 tsp (1 ml) pepper
- 1/4 tsp (1 ml) dried thyme
- 1 can (14 oz /398 ml) tomato sauce
- 1 can (14 oz /398 ml) diced tomatoes, undrained
- 1 tbsp (15 ml) lemon juice
- 1 tsp (5 ml) sugar
- 1/4 tsp (1 ml) ground cinnamon
- 2 cups (500 ml) uncooked rigatoni or large tube pasta
- 4 oz (113 g) feta cheese, crumbled



Greek Pasta Bake

METHOD:

In large skillet, cook beef and lamb over medium heat until no longer pink; drain. Stir in onion, garlic, oregano, basil, salt, pepper and thyme; mix well. Add tomato sauce, tomatoes and lemon juice.

Bring to boil. Reduce heat; simmer, uncovered, 20 minutes, stirring occasionally. Stir in sugar and cinnamon. Simmer, uncovered, 15 minutes longer.

Meanwhile, cook pasta according to package di-

rections; drain. Stir into meat mixture. Transfer to greased 2-qt. (2 l) baking dish. Sprinkle with cheese.

Cover and bake at 325 F (160 C) 45 minutes. Uncover; bake 15 minutes longer or until heated through.

Meanwhile, cook pasta according to package di-



Mediterranean Chicken with Olives

Mediterranean Chicken with Olives

SERVES 4

INGREDIENTS:

- 2 tbsp (25 ml) olive oil
- 2 onions, roughly chopped
- 2 garlic cloves, crushed
- 1 tbsp (15 ml) chopped fresh rosemary
- 1/4 oz (40 g) chorizo sausage, skinned and diced
- 2 large red peppers, de-seeded and roughly

METHOD:

Heat oil in large, heavy

chopped

- 1/3 cup (75 ml) sun-dried tomatoes, roughly chopped
- 14 oz (398 ml) can chopped tomatoes
- 1/4 cup (50 ml) dry white wine
- 4 skinless chicken breast fillets or large thighs
- 1/3 cup (75 ml) pitted olives (black, green or both)

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Liquid Assets

Peter Rockwell

metronews.ca/liquidassets

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

The Fab Two

I probably should have been out raking leaves or something, but I spent this past weekend with four old friends: John, Paul, George and Ringo. Yes folks, I was one of the foolish who bought The Beatles' new

boxed CD set — in mono no less.

As a big fan I just couldn't resist giving the Fab Two (and the family members of the other guys) more of my hard earned money. And while I may not be a professional music critic, the new discs sound pretty darn amazing.

To enhance the experience

of rediscovering each album, I needed a wine that begged to be sipped and savoured. **Masi's 2006 Campofiorin (\$17.45 - \$19.99)** was a perfect match for a few reasons.

While the red Italian from Veneto shows off lots of fruit (think plum



and raisin) that tastes terrific without food; it's sort of a remastered version of **Masi's Bonacosta Valpolicella Classico (\$15.45 - \$16.99)**. A wine that's 2007 vintage is as light and cherry-filled as ever.

As a ripasso wine

Campofiorin's flavour profile comes from its juice being passed over the gunk left in the vats after the Valpolicella's fermentation. It comes out richer and rounder — just like my new CDs.

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Partridge gets restraining order

The Hills star Audrina Patridge has been granted a restraining order against a fan who showed up on her doorstep with bizarre and macabre drawings, poems and letters. FEMALEFIRST.CO.UK

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Teen bites the dust

Megan Fox devours actor in horror comedy Jennifer's Body

CHRIS ALEXANDER
for Metro Canada

With his boyish good looks and stocky physique, it's a no brainer that Alberta-born actor Josh Emerson would be a hit with the ladies and in his latest film, he lives out the fantasy of every teenage boy in America: Locking lips with cutie de jour, Megan Fox.

Unfortunately for his character however, said kiss is simply foreplay to having his intestines gorily devoured by Fox's comely but cannibalistic demon cheerleader.

Emerson is indeed one of the stars of the heavily-hyped horror comedy Jennifer's Body, the latest peek into teen agony from Oscar-winning screenwriter Diablo Cody (Juno) and starring Fox as the titular, occasionally toothy, babe. Jennifer's Body is one of two high profile genre films to feature the up-and-coming performer this year, the other is the Adam Sandler produced The Shortcut and, although his star has been slowly rising for years, it seems Emerson's fortunes have changed rad-



Best friends Jennifer (Megan Fox, left) and Needy (Amanda Seyfried) enjoy an evening together at a local bar in Jennifer's Body.

Jennifer's Body is in theatres this Friday

ically. "Someone told me once that every overnight success takes ten years," says the young actor.

"Things are definitely happening for me but it's been a long process to get to wear I am now. After graduating, I just went from audition to audition, getting better and better projects. So it's been a long haul."

Emerson has the distinc-

tion of being the first classmate devoured by the newly evil Jennifer, in a gory, absurd outdoor sequence that makes a visceral impact. And certainly, getting that close to Fox, was equally impactful for the actor.

"Oh man, she's Megan Fox, what can I say?" he says, almost shyly.

"She's gorgeous, yeah, but she was also totally professional and, I think that when people see her in this, they'll be amazed

at just how good of an actress she really is."

After the buzz for Jennifer's Body dies down, Emerson will go back to his beat of auditioning and trying to take his craft to the next level. Chiefly, he's launching an unofficial campaign to nab the role of the villainous Venom in the next Spider-Man film.

"I have been obsessed with that character for years. As far as I'm concerned I have to be Venom, it's fate."

Boyle to cover Stones on America's Got Talent finale

A 75-year-old comedian, five tap-dancing sisters, a contorting breakdancer and a drum quartet faced off last night against six vocal acts during the final competition on America's Got Talent.

But whoever is named the winner on Wednesday night's show may find their moment in the spotlight is overshadowed by the appearance of a celebrity guest. It was announced yesterday that Susan Boyle, the plain Scottish singer who shot to fame on Britain's Got Talent, will perform the Rolling Stones classic Wild Horses during the show.

Boyle's debut album, I Dreamed a Dream, which she's been working on with producer Steve Mac, will be released on Nov. 24.

Other star performers slated for the two-hour show include Shakira, Leona Lewis as well as Rascal Flatts and the Cirque du Soleil.

As for the America's Got Talent finalists, judges Piers Morgan, Sharon Osbourne and David Hasselhoff had indicated who their favourites were prior to last night's show. Morgan deemed opera singer Barbara Padilla of Houston "the red-hot favourite" to win the show's \$1 million US prize and chance to headline a Las Vegas show. Hasselhoff picked the Texas Tenors, a trio of cowboy-hat-wearing men from Houston, as "the front-runner to win this competition."



Susan Boyle arrives in Los Angeles ahead of her appearance on America's Got Talent.

Other finalists included the Voices of Glory, two brothers and a sister from Highland, N.Y., who tend toward gospel material; Drew Stevyns, of Sykesville, Md., who has studied music since he was five years old; and Kevin Skinner, a chicken farmer from Mayfield, Ky., who has been playing guitar since he was a kid — mostly on his porch.

They put their vocal skills up against the comedy of Grandma Lee of Jacksonville, Fla., who developed her joke-telling talents after her husband died of cancer in 1995; the rhythms of Recycled Percussion, a quartet from Goffstown, N.H. that drums on old buckets, hubcaps and other found items; the fancy footwork of The Fab Five, tap-dancing sisters from Morgan, Utah; and the contorting moves of breakdancer Hairo Torres of Grants Pass, Ore.

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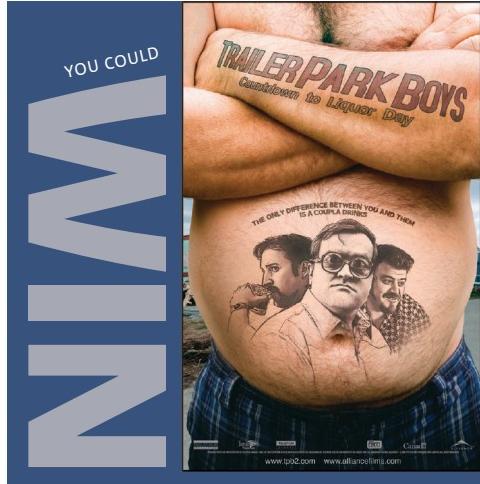
Kylie Minogue fulfilled her lifelong dream by performing alongside Benny Andersson at an ABBA tribute concert Sunday night at the show in London's Hyde Park. She was joined by Andersson for a rendition of When All Is Said and Done. FEMALEFIRST.CO.UK

Entertainment in brief

CONCERT Some fans got carried away and extra police had to be called in near Winnipeg's MTS Centre late Sunday night after a concert by shock-rocker Marilyn

Manson. Winnipeg police blocked off Portage Ave. and called in for backup as rowdy fans poured out of the stadium.

THE CANADIAN PRESS



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OT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/15/09	265	353	2	TVO	Get Involved	Parks	The Agenda With Steve Paikin	Blackpool	Life in Cold Blood	Agenda-Paikin		
	211	331	3	GTV	ET Canada	Entertainment	NCIS "Aliyah" (HDTV)	(9:01) Big Brother 11 (Season Finale) (Live)		News Final		
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	196	311	7	CTV	etalk	Hollywood	So You Think You Can Dance Canada	Big Bang Th	Law & Order: SVU	CTV News		
	208	303	8	CBC	Wheel-Fortune	Jeopardy! (N)	Super Spellers (N)	Being Erica (DVS)	CBC News: The National	The Hour		
	-	364	9	NBC	Wheel-Fortune	Jeopardy! (N)	The Biggest Loser (Season Premiere) (N)		The Jay Leno Show (N)	News		
	117	713	10	TVA	Qui perd gagne (SC)	Caméra café	Taxi 0-22 (SC)	La Promesse (SC)	TVA nouvelles (10:45) Denis Lévesque			
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	-	362	13	CBS	The Insider (N)	Judge Brown	NCIS "Aliyah" (HDTV)	(9:01) Big Brother 11 (Season Finale) (Live)		Two/Half Men		
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	214	344	15	CITY	Law & Order: SVU	The Biggest Loser (Season Premiere) (N)	Villages	Omni News: The Simpsons	The Simpsons	King of the Hill	Metropia	
	115	343	16	CFMT	Two/Half Men	The Simpsons	Omni News: Italian Edition (N)	Vivere V	The Jay Leno Show (N)	Mad Max 2 *** (1981, Science Fiction) Mel Gibson.	News at 11	
	218	345	18	CHCH	Smokey and the Bandit *** (1977, Comedy)	Burt Reynolds.	Shaq Vs. (N)	Omni News: The National	Primetime: Family Secrets (N)	News		
	-	361	20	ABC	Action News	Entertainment	Shark Tank	Big Bang Th	Revue	Anderson Cooper 360 (HDTV)	Période-quest.	
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	651	355	25	CTS	Little House on the Prairie	Dr. Quinn, Medicine Woman	100 Huntley Street	Life Today	This Is Day	John Hagee		
	-	365	36	FOX	TNN (N)	Seinfeld	More to Love	Le Téléjournal (SC)	FOX 2 News (N)	News		
	-	-	64	PBS	Business Rpt.	Holiday Table	Andre Rieu: Live in Vienna		Visions of Austria	Charlie Rose		
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	410	403	52	SCR	Cabby Unlimit	Score Today	Full tiltPoker.net Million	X-Fighters	24/7	Score Now		
	411	457	56	OLN	Ghost Hunters	Bounty Hunter	Bounty Hunter	Survivorman	Ghost Hunters	Bounty Hunter		
	417	406	59	SC	Pimp My Ride	Pass Time	Monster Jam (HDTV)	Super Bikes!	Jacket!	Jacket!	Pimp My Ride	
	554	544	24	TEL	Scooby-Doo	Total Drama	6TEEN	Futurema	King of the Hill	American Dad	Futurema	Robot Chicken
	557	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Life Derek	Ned's School	Cory in House	Zack & Cody	
	551	542	65	YTV	Drake & Josh	Prank Patrol	Malcolm-Mid. Hates Chris	8 Simple Rules	What I Like	Family Biz	Prank Patrol	Adrenaline Proj
	570	580	29	MM	The Daily Fix	Ranked!	Wild 'n Out	Wild 'n Out	High School Reunion	The Daily Fix		
	615	524	31	A&E	Criminal Minds (HDTV)	The First 48 (HDTV)	The First 48 (HDTV) (N)	The Cleaner (N)	The Cleaner (N)			
	628	584	32	SPKE	UFC Unleashed (HDTV)	Surviving Disaster "Hijack"	Surviving Disaster "Fire"	Surviving Disaster "Hurricane"	Surviving Disaster "Hurricane"	Surviving		
	521	560	34	TLC	Ultimate Cake Off	Jon & Kate	Jon & Kate	18 Kids-Count	Dancing Tweens (N)	18 Kids-Count		
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	600	564	49	H&G	House Hunters	Property Virgin	HGTv's Top 10 Dirty Business	SarahCottage	Genevieve	House Hunters	House Hunters	Holmes-Homes
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	625	544	46	COM	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	House Party	Comedy Inc.	Daily Show
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	581	561	53	MTV	Cribs	Star Trek: Voyager	Torchwood	Torchwood (Season Finale) (N)	Stargate SG-1			
	618	524	54	TROP	'70s Show	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	CMT on Tour	
	522	506	55	HIS	Ancient Discoveries	Rich Poor	Wedding SOS	Wedding SOS	Bulging Brides	Bulging Brides	ET Canada	
	625	544	46	COM	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	House Party	Comedy Inc.	Daily Show
	294	529	47	TBS	MLB Baseball	New York Mets at Atlanta Braves. (HDTV) From Turner Field in Atlanta. (Live)						
	600	564	49	H&G	House Hunters	Property Virgin	HGTv's Top 10 Dirty Business	SarahCottage	Genevieve	House Hunters	House Hunters	Holmes-Homes
	627	528	50	SPC	Stargate Atlantis (DVS)	How It's Made	How It's Made	Destroyed	Destroyed	After the Catch (N)	Daily Planet	
	581	561	53	MTV	Cribs	Star Trek: Voyager	Torchwood	Torchwood (Season Finale) (N)	Stargate SG-1			
	618	524	54	TROP	'70s Show	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	CMT on Tour	
	522	506	55	HIS	Ancient Discoveries	Rich Poor	Wedding SOS	Wedding SOS	Bulging Brides	Bulging Brides	ET Canada	
	625	544	46	COM	Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	House Party	Comedy Inc.	Daily Show
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	618	524	54	TROP	'70s Show	Reba	According-Jim	According-Jim</				

Robbie the reality hound

Singer Robbie Williams is such a huge fan of reality TV, he'd like to become a part of it. "I really like I'm A Celebrity... Get Me Out Of Here! It'd be fun to go on," he said, according to the Sun, and added he'd like to visit the Real Housewives set to see how it's made. METRO NEWS SERVICES

**Celebrity Buzz****Drew and Justin back on again**

REUNION Drew Barrymore and Justin Long appear to be back on once again. Before Barrymore hit the Toronto International Film Festival, the pair was spotted enjoying an intimate meal at Brick Lane Curry House in New York City, where they arrived without a reservation and went unnoticed, a source tells People.

METRO
WORLD NEWS



EATING HIS WORDS After Sunday's MTV Video Music Awards — during which Kanye West brazenly interrupted Taylor Swift's Best Female Video acceptance speech to say that Beyoncé deserved to win — Swift spoke to reporters about the incident, usmagazine.com reports.

"Well, I was standing on stage because I was really excited because I had just won the award," the 19-year-old singer began. "And then I was really excited because Kanye West was on stage. And then I

wasn't so excited anymore after that."

After the bizarre incident, she said celebs reached out to her backstage. (Some even tweeted; Pink, for instance, wrote: "Kanye west is the biggest piece of s— on earth. Quote me.")

"I've been getting so many text messages and everybody's been really nice," Swift said. "So I've had a really, really fun night. It's been interesting defi-

nately. It's definitely been an interesting night."

She said she doesn't have any ill will toward the rapper, 32, of whom she said she was

once a fan.

"I don't know him, and I've never met him,

so..." she said. "I don't want to start anything because I had a great night tonight."

She also thanked Beyoncé (who won Video of the Year), who invited her on stage as she accepted her award to give an acceptance speech.

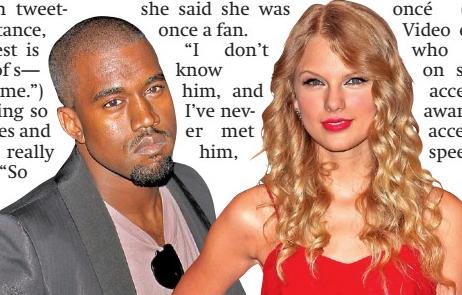
"They told me to stand by the side of the stage, and I didn't re-

ally know what was going to go down," she said. "But I thought it was so wonderful and gracious of her to do what she's always done."

West was also quick to take to his blog to apologize for ruining Taylor Swift's acceptance speech.

"I'm sooooo sorry to Taylor Swift and her fans and her mom," West wrote after the ceremony. "I spoke to her mother right after and she said the same thing my mother would've said. She is very talented."

METRO WORLD NEWS

**Celebrity tweets**

Josh Groban weighs in on the Kanye West VMAs controversy, Courtney Love goes after an accountant she feels has done her wrong, Pete Wentz takes his VMA loss in stride, and Diablo Cody had some quiet time away from home.

• **@joshgrobans** Kanye, congratulations, i'm going to let you finish...but SOYBOMB HAD ONE OF THE BEST LAME INTERRUPTIONS OF ALL TIME! OF ALL TIME!

• **@courtneylover79** just found the taxes you did when you refinanced Kim Cobain's and Wendy Cobain's property and this ought to be fun since my tax lawyer is INSANE.

• **@petewentz** If u gotta lose one green day is the band to do it. Honored to be even in the same sentence. Congrats.

• **@diabolocody** I may or may not be alone in a hotel room, listening to Susan Boyle and applying a nourishing masque to my hair.

METRO
WORLD
NEWS

Elton's adoption hits red tape

from AIDS, people.com reports.

"I would love to adopt him," John said over the weekend. "I don't know how we do that but he has stolen my heart. And he has stolen David's heart and it would be wonderful if we can have a home."



Ukrainian laws are very strict when it comes to adoption. Not only do the laws ban same-sex couples from adopting, they also state that parents cannot be more than 45 years older than the child. Their only hope would be a presidential dispensation to adopt the 14-month-old.

According to the country's law, should Ukrainian President Viktor Yushchenko grant John and Furnish's wish, the pair would also have to adopt Lev's brother, who is also in care.

METRO NEWS SERVICES

Comic fan ScarJo clears house

their house is cluttered with comics.

She said: "There is a lot of superhero stuff going on for us at the moment ... It's fun to get into that whole world together even if there is quite a stack of comic books taking up space!"

Still, the 24-

year-old blonde star is keen to reprise her Marvel role.

She recently said: "The Black Widow has many different incarnations and different storylines so I'm hoping she will be able to continue in that way."

METRO NEWS SERVICES

**No more Mr. Nice Director**

SOURPUSS Guy Ritchie will never make a "nice" movie, femalefirst.co.uk reports. The Sherlock Holmes director likes his films to have action and conflict, so he'll never play it safe.

He said: "A nice theme about something nice with

people being nice towards one another is just f—ing boring."

"There's no conflict, and movies thrive on conflict and contrast. I must add that I've only been sitting on this theory for two hours."

METRO NEWS SERVICES

**No baby now, but soon: Neil**

SOON BUT NOT YET Neil Patrick Harris is looking forward to becoming a father with partner David Burtka at some point — just not right now, despite rumours to the contrary.

"We'd make

very good parents," the actor told New York magazine. "We yin and yang very well. I'm just bowled over by him. I'm his forever protector, and I'm happiest when he's happy."

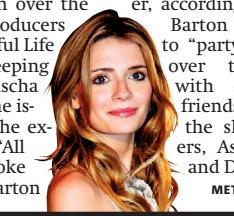
METRO WORLD NEWS

**Mischa on a short leash**

THE SPOTLIGHT Since her hospitalization over the summer, producers on The Beautiful Life have been keeping an eye on Mischa Barton, and she isn't enjoying the extra attention. "All I can do is smoke cigarettes," Barton

complained to a co-worker, according to Page Six. Barton had planned to "party responsibly" over the weekend with co-stars and friends, including the show's producers, Ashton Kutcher and Demi Moore.

METRO NEWS SERVICES



BIG COMEDY BIG LAUGHS
YTV Big Fun Weeknights
MON - THURS 8PM E/P

EVERYBODY HATES CHRIS
8:30PM E/P

8 SIMPLE RULES FOR DATING MY TEENAGE DAUGHTER
9PM E/P

WHAT I LIKE ABOUT YOU
9:30PM E/P

MALCOLM IN THE MIDDLE
8PM E/P

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Punta Cana via Toronto

Occidental Grand

Punta Cana • 4★

All-Inclusive • Junior suite
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(including service charges): \$313

\$719

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(including service charges): \$313

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Occidental

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(including service charges): \$259

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Principe Cayacoa • 4★

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\$519

Taxes & other fees
(including service charges): \$313

New York

Holiday Inn

Midtown - 57th Street • 3★

Standard rm.
Oct. 1, 11 & 14 • 2 nts.

\$749

Taxes & other fees
(including service charges): \$212

Las Vegas via Toronto

Excalibur Hotel & Casino • 3 1/2★

Hotel rm.
Oct. 19 • 3 nts.

\$699

Taxes & other fees
(including service charges): \$225

Jamaica via Toronto

Grand Palladium Jamaica Resort & Spa • 4 1/2★

All-Inclusive • Junior suite
Oct. 1 - 4, 6 - 12 & 14 - 24 • 1 wk.

\$899

Taxes & other fees
(including service charges): \$273
Please add \$50 for Sat. & Sun. departures

Santa Clara

Occidental Royal Hideaway Ensenachos • 5★

All-Inclusive
Royal Hideaway Spa
Jan. 3 - 24 • 1 wk.

\$1239

Taxes & other fees
(including service charges): \$212
Departure tax: 25 CUC cash, paid locally

Meliá Las Dunas • 4★

All-Inclusive • Standard rm.
Dec. 20 • 1 wk.

\$1479

Taxes & other fees
(including service charges): \$212
Departure tax: 25 CUC cash, paid locally

Paris via Toronto

All Seasons Paris Gare Est • 3★

Breakfast • Standard rm.
Nov. 11, 13, 18 & 19
4 nts.

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